

# 18<sup>th</sup> Truro (St. George's) Sea Scout Troop

## Suggested Kit List for Camps

*This is only a list of the basics required, any extras will be notified for each Camp as it happens*

*All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide.*

- |   |  |
|---|--|
| <input type="checkbox"/> Complete uniform (to be worn on arrival) | <input type="checkbox"/> Scarf, hat and gloves                               |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts    | <input type="checkbox"/> Sun hat, sun cream and sun glasses!!                |
| <input type="checkbox"/> T-shirts or similar                      | <input type="checkbox"/> Sleeping bag & Blanket                              |
| <input type="checkbox"/> Trousers or shorts                       | <input type="checkbox"/> Foam roll mat and/or self-inflating or similar mat  |
| <input type="checkbox"/> Spare underclothes (one pair per day)    | <input type="checkbox"/> Plate, bowl, mug and cutlery                        |
| <input type="checkbox"/> Spare socks (one pair per day)           | <input type="checkbox"/> Tea towel   |
| <input type="checkbox"/> Nightwear                                | <input type="checkbox"/> Torch and spare batteries                           |
| <input type="checkbox"/> Hike boots or strong shoes               | <input type="checkbox"/> Personal first aid kit                              |
| <input type="checkbox"/> Waterproof (coat and trousers)           | <input type="checkbox"/> Day sack and plastic drinks bottle<br>sandwich box. |
| <input type="checkbox"/> Swimwear and towel                       | <input type="checkbox"/> Polythene bags (for dirty clothes)                  |
| <input type="checkbox"/> Hankies                                  | <input type="checkbox"/> Teddy!  |
| <input type="checkbox"/> Personal washing requirements and towel  | <input type="checkbox"/> Pen Knife **  |
| <input type="checkbox"/> Wellington Boots                         | <input type="checkbox"/> Game / Playing Cards / Notebook and<br>Pencil       |

- It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents. **PLEASE DO NOT USE BLACK BIN LINERS! They fall apart to easily**
- **All items should be clearly labelled with the young person's name.**
- **Definitely no mobile phones / i-players or things that go beep and run off batteries.**

**\*\* The pen knife should be reasonably sharp (blunt ones are more dangerous) and handed to a Leader on arrival and will be used during supervised activities only.**

Please do NOT send all the Scouts kit in black bin bags, as they always fall apart and kit gets lost.